

*Updates*  
from  
*Hanover County Department of Community Resources*  
7/22/10

**In This Issue:**

- [Donations Available](#)
- [Donations Sought](#)
- [Volunteer Opportunity Sought](#)
- [Volunteers Needed](#)
- [Countywide School Supply Partnership Underway](#)
- [HYSC School Supply Drive](#)
- [Virginia Sales Tax Holiday-School Supplies and Clothing](#)
- [Family Evening Summer Camp at Scotchtown](#)
- [WHEAT Benefit Night at the Ponderosa Steakhouse](#)
- [The Hanover Tavern Invites the Public to Upcoming Events](#)
- [Legal & Financial Planning Seminar offered for Cancer Patients and Caregivers](#)
- [Senior Connections Seeking Volunteer Mentors](#)
- [Clothing Drives/Distributions For Hanover Residents](#)
- [Community Organizations Invited to Share Information at “Got You Covered”](#)
- [Chronic Illness Self-Management Classes](#)
- [Cooling Assistance Program Continues Through August 15](#)
- [Indoor Plumbing Rehabilitation Program Offers Toll Free Number](#)
- [American Cancer Society Hosting Kick-Off Breakfast](#)
- [Covenant Woods Invites the Community to Jazz Brunch](#)
- [Bon Secours Hospice Offering Fall Volunteer Training](#)
- [Bon Secours Faith Community Nurse Preparation Course](#)
- [Focus 50 Plus Screening Seeks Volunteers](#)
- [July Dates](#)
- [August Dates](#)
- [September Dates](#)

**Volunteer Needs/In Kind Donations**

Please note the following reminder about the use of the Volunteer Needs/In-Kind Donation postings. The listings are designed to highlight just a few new or short-term volunteer or in-kind donation needs. Please give us feedback on the results you receive.

Also, we encourage organizations to post all short-term and on-going opportunities, as well as special events on Hanover’s address for volunteering, [www.HanoverVolunteers.org](http://www.HanoverVolunteers.org).

**Donations Available:**

- No postings this issue.

**Donations Sought:**

- Use of a van and volunteer driver sought for HanoverArc Community Connection Club. HanoverArc is interested in partnering with a local church or other source of donated van/bus transportation in order to provide transportation for special needs adults attending the Community Connection Club. The program is held once a month on the second Thursday. Adults need transportation to and from their homes in Hanover County to Ashland. If your church or other organization is interested in exploring this opportunity to help

people with disabilities, contact Hanover Arc at 804-798-2400 or [info@hanoverarc.org](mailto:info@hanoverarc.org).

### **Volunteer Opportunity Sought:**

- The youth group (middle and high school age) at New Song United Methodist Church is interested in conducting a variety of local service projects throughout the year serving the Mechanicsville or Hanover County area. To propose a project, contact John Michael Holmes at [jmholmes@newsongumc.org](mailto:jmholmes@newsongumc.org).

### **Volunteers Needed:**

Visit [www.HanoverVolunteers.org](http://www.HanoverVolunteers.org) to view all the latest listings! Here are just a few of the opportunities available:

American Cancer Society: [Look Good..Feel Better Facilitator-Licensed Cosmetologist](#)

Senior Connections: [Foster Grandparent Volunteer Mentor](#)

American Cancer Society: [Committee member for Relay for Life of Hanover](#)

Hanover Humane Society: [Publicity Coordinator](#)

### **Countywide School Supply Partnership Underway**

HYSC (Hanover Youth Service Council) and the Hanover Dept. of Community Resources are teaming up with other organizations in an effort to develop a communitywide partnership around the collection of school supplies for Hanover students in need. Rather than individual groups providing supplies to students/schools independently, several community partners have joined forces this year to reach more families and decrease duplication in a consistent and coordinated way. The *Ready, Set...School!* Partnership, a communitywide collaboration of Helping Hands, Hanover County Public Schools, Hanover Youth Service Council, Stuff the Bus with First Capital Bank, Hanover Community Resources, Covenant Woods, Heritage Green and The Giving Heart, was established to maximize resources and support school counselors to provide services to Hanover students in need.

All Hanover County Public School Counselors (elementary, middle and high) had an opportunity to request supplies most needed by students and to identify students from their school who could benefit from school supplies. *Ready, Set...School!* Partners will combine efforts by working with community groups, churches and volunteers to collect donated supplies to ensure a successful start to the 2010-2011 school year.

All parents of students in need of school supplies are advised to contact their school counselor. Any community business, church groups or organizations looking to support Hanover families by collecting or donating supplies should contact one of the following representatives:

To assist students attending Eastern or Central Hanover Schools contact Lisa Adkins, Hanover Dept. of Community Resources at 365-4300 or [ldadkins@co.hanover.va.us](mailto:ldadkins@co.hanover.va.us).

To assist students attending Western Hanover Schools contact Mary Gravely with Hanover's Helping Hands @ [M\\_Gravely@msn.com](mailto:M_Gravely@msn.com).

### **HYSC School Supply Drive**

The Hanover Youth Service Council will conduct its 12<sup>th</sup> annual countywide drive for basic school supplies for elementary and this year, for middle and high school students July 19<sup>th</sup> –August 23<sup>rd</sup>. HYSC youth have placed collection boxes at all Hanover Library Branches, Hanover County Administration as well as numerous businesses and other public locations. HYSC youth will also be at the Mechanicsville Wal-Mart, August 5<sup>th</sup> from 9:00 a.m. to 12 noon to accept supplies. Donations in the form of gift cards to stores stocking school supplies are also

accepted. These cards will be used by the Council to supplement the inventory of items collected.

HYSC and Covenant Woods will host the 2<sup>nd</sup> Annual Pack-A-Backpack event for elementary students in the eastern/central area designated by their counselors to “go shopping” for backpacks and school supplies that were donated from the collection drive. Parents of students attending Pack-A-Backpack will have an opportunity to participate in “1,2,3 Magic” a parenting workshop, receive other back-to-school info and resources and dinner free courtesy of Hanover Heritage Green.

For more information contact Lisa Adkins at 804-365-4302 or email: [ldadkins@co.hanover.va.us](mailto:ldadkins@co.hanover.va.us).

### **Virginia Sales Tax Holiday-School Supplies and Clothing**

On August 6-8, 2010, Virginia will honor its annual sales tax holiday for specific school supplies and clothing. During this three-day period, purchases of certain school supplies, clothing and footwear will be exempt from the Virginia sales tax. Each eligible school supply item must be priced at \$20 or less, and each eligible article of clothing and footwear must be priced at \$100 or less. For details, visit <http://www.tax.virginia.gov/site.cfm?alias=stholiday>.

### **Family Evening Summer Camp at Scotchtown**

*Thursday Evenings at Scotchtown* offers activities for the whole family, including trying colonial skills, preparing the evening meal and learning about plantation life in rural Virginia. Children and parents attend special programs once a week for 4 weeks: July 22; July 29; August 5 and August 12 from 6:00 p.m. - 9:00 p.m. Each evening will include hands on experiences of 18th century life/skills, a related craft and an open hearth cooked dinner. Families can attend one event or all. \$50 per event includes one parent and one child. Additional parent: \$10, additional child: \$5. All 4 events bundle \$175. Pre-registration is required. For more information call Ann Reid at 804-227-3500 or email: [scotchtown@preservationvirginia.org](mailto:scotchtown@preservationvirginia.org).

### **WHEAT Benefit Night at the Ponderosa Steakhouse**

The Ponderosa Steakhouse in Ashland offers fundraising opportunities for local charities. On Tuesday, August 3, 2010 from 11:00 a.m. to 8:00 p.m., Western Hanover Emergency Action Team will be the beneficiary. Ponderosa will donate 10% of all purchases. Patrons must present a Benefit Night ticket at time of payment. Benefit Night tickets may be obtained by contacting WHEAT at [WHEAT1@embarqmail.com](mailto:WHEAT1@embarqmail.com) or contact the Ponderosa at 804-798-8205.

### **The Hanover Tavern Invites the Public To Upcoming Events**

The Hanover Tavern offers a variety of free and admission priced events from family nights to historic bus tours. The next Tavern Family Night will be held on Wednesday, August 4<sup>th</sup> from 5:00 p.m. -7:00 p.m. The event is open to all ages and admission is free. The public is invited to play games, win prizes, and craft your own creations. On Wednesday, August 11<sup>th</sup> the Hanover Concert Band will perform from 7:00 p.m. to 8:00 p.m. as part of the Tavern’s Heritage Music Series. This program is also offered free of charge.

To learn more about these and other events at the Hanover Tavern, visit [www.Hanovertavern.org](http://www.Hanovertavern.org) or call 804-537-5050.

### **Legal & Financial Planning Seminar offered for Cancer Patients and Caregivers**

The Cancer Center at Henrico Doctors Hospital and LINC will present a free Legal and Financial Planning Seminar for cancer patients, survivors, their families and caregivers. The public is invited to attend. The seminar will be held on Wednesday, August 4, 2010 from 5:50 p.m. to 9:00 p.m. at the Williamsburg Room-1<sup>st</sup> floor, Henrico Doctor’s Hospital, 1602 Skipwith Rd. Richmond, VA 23229. The topics to be presented include: Medicaid 101; Social Security

Disability and Dealing with Your Insurance Company. Dinner will be provided to anyone who registers in advance by calling toll free 1-877-644-5462 or emailing [Education@cancerlinc.org](mailto:Education@cancerlinc.org).

### **Senior Connections Seeking Volunteer Mentors**

During 2009, fifty Foster Grandparent Mentors served 49,094 hours within the community -- working with children in the Richmond Public School and Head Start programs, at faith-based day care centers and in children health-care centers.

The Foster Grandparent Program is seeking to expand their service to youth and is in need of volunteers who wish to be a mentor for children in the greater Richmond area including Hanover, Chesterfield and Henrico counties.

Volunteers must be 55 or older and meet income eligibility guidelines. The only skill one needs is a desire to meet new people in a stimulating and fun environment while serving as a mentor (helping children read, learn math, learn basics skills such as tying shoelaces...and providing smiles and hugs!). Placements are being developed in a variety of program settings including programs working with older youth.

Volunteers must complete an application and interview, as well as 20 hours of training before being assigned as a mentor. As a Mentor they must commit to 4 hours a day/5 days a week of volunteer service. Mentors are eligible to receive a modest tax free stipend, transportation reimbursement and many other program benefits.

For more information about becoming a Foster Grandparent placement site or a Volunteer Mentor, contact Charlene Cole at 804-343-3000 or email [ccole@youraaa.org](mailto:ccole@youraaa.org).

### **Clothing Drives/Distributions For Hanover Residents**

Two clothing drives/distributions will be offered to Hanover residents during the month of August. See details below. We encourage you to promote to your consumers as well as support through your own donation of items.

**August 14, 2010**      **The Giving Heart-Clothing Drive & Giving Bag Project**  
Patrick Henry High School  
9:00 a.m. – 4:00 p.m. Open to Hanover residents.  
For additional information contact:  
Vicki Neilson at 804-749-4726 or  
email [vneilson@thegivingheart.org](mailto:vneilson@thegivingheart.org). Donation/volunteer  
details also available at [www.thegivingheart.org](http://www.thegivingheart.org)

**August 14, 2010**      **St. Peter's United Methodist Church**  
15599 Mountain Rd., Montpelier, VA 23192  
8:00 a.m. – 2:00 p.m. Open to Hanover residents.  
For additional information contact:  
Susan Hendrick at 804-883-6243 or  
Carole Bone at 804-449-6530

### **Community Organizations Invited to Share Information at "Got You Covered" Event**

Space is still available for organizations that would like to have a presence at the upcoming "Got You Covered" clothing distribution event, hosted by The Giving Heart, on Saturday, August 14th at Patrick Henry High School in Ashland. This will offer an opportunity to increase awareness regarding programs and services that could benefit low income or elderly individuals and families. Participating in this event is free and your organization must be present from 10:00 a.m. to 3:00 p.m.

An event flier, as well as an organization application is available online at [www.thegivingheart.org](http://www.thegivingheart.org). Click on "special events" and follow the link to "Got You Covered".

Please feel free to contact The Giving Heart for more information, including any clothing, accessory or toiletry donations.

### **Chronic Illness Self-Management Classes**

Bon Secours is offering a six-week program that helps people with chronic illness learn ways to self-manage their conditions and take control of their life. In the You Can Live Well, Virginia! class, participants will learn how to: manage symptoms; get started with healthy eating and physical activity; communicate effectively with his/her health care team; manage fear, anger, and frustration; and make daily activities easier.

The program will be held at St. Francis Medical Center Cancer Institute, Room 1 on Mondays: July 26, Aug 2, Aug 9, Aug 16, Aug 23, Aug 30 2:00p.m. – 4:00 p.m. To register, contact Kathleen Fogerty at 804-213-0919 or email [Kathleen\\_Fogerty@bshsi.org](mailto:Kathleen_Fogerty@bshsi.org).

### **Cooling Assistance Program Continues Through August 15**

Local Departments of Social Services will be accepting applications for the Cooling Assistance Program through August 15th. This component of the Energy Assistance Program helps with cooling equipment purchases or repairs and also with the electric bill. Assistance is based upon the availability of funds.

Eligible households must include an elderly or disabled person or a child under age 6 in addition to meeting other financial criteria.

For more information visit: <http://www.dss.virginia.gov/benefit/ea/cooling/index.cgi> or contact your local Department of Social Services.

### **Indoor Plumbing Rehabilitation Program Offers Toll Free Number**

Housing Partnerships, Inc. oversees the administration of the Department of Housing and Community Development's Indoor Plumbing Rehabilitation Program for Hanover County. This program assists homeowners who lack indoor plumbing or bathrooms or those with inoperable/failed water or waste water systems. This also includes nonexistent or unsanitary water sources or repairs of well systems. (This doesn't include fixing minor plumbing leaks). Rehab triggered by these needs can include structural rehabilitation of the residence to bring the property up to health and safety standards. This can even include new construction—if deemed to be more cost effective.

Housing Partnerships, Inc. now offers a toll free number, 1-877-675-5858 to better serve Hanover residents. Service organizations may also make referrals to Abbitt Woodall, Director, Housing Partnerships, Inc. via email at [awoodall@housingpartnerships.org](mailto:awoodall@housingpartnerships.org). For more information about this organization, visit [www.housingpartnerships.org](http://www.housingpartnerships.org).

### **American Cancer Society Hosting Kick-Off Breakfast**

The American Cancer Society is looking for individuals that may have an interest in the issue of breast cancer and may want to learn more about its “Making Strides Against Breast Cancer” Event. An informational Kick-Off Breakfast will be held on Thursday, August 19th. The breakfast will provide more information about the Making Strides Against Breast Cancer walk to be held in October.

This Kick-Off is by invitation only. To receive an invitation and additional information about the event, contact Andrea Fravel at 804-527-3712 or [andrea.fravel@cancer.org](mailto:andrea.fravel@cancer.org) or visit [www.StridesRichmond.org](http://www.StridesRichmond.org).

### **Covenant Woods Invites the Community to Jazz Brunch**

Covenant Woods will host a Jazz Brunch on Thursday, September 2<sup>nd</sup> from 10:30 a.m. – 12:30 p.m. as a fundraiser. The tickets are \$8 with the proceeds going to the Alzheimer's Association. The Doctors of Jazz will perform. For more information contact Elizabeth Pace at [epace@covenantwoods.com](mailto:epace@covenantwoods.com).

### **Bon Secours Hospice Offering Fall Volunteer Training**

Bon Secours Hospice will be offering atraining for hospice volunteers this fall. Volunteers will be trained as hospice visitors, helpers, special project volunteers or office support. The training will be held on Friday, September 3, 2010 from 9:00 a.m. to 5:00 p.m. at the Orvieto Room, St. Francis Medical Center, 13710 St. Francis Blvd, Midlothian, VA 23114. Contact Barbara Palmer at 804-627-5323 or email [barbara\\_palmer@bshsi.org](mailto:barbara_palmer@bshsi.org) for more information.

### **Bon Secours Faith Community Nurse Preparation Course**

Bon Secours will be offering a fall Faith Community Nurse Preparation course beginning in September. The course will enable participants to provide holistic health care in their local congregation. The curriculum is based on the national standardized curriculum of the International Parish Nurse Resource Center. The program is open to registered nurses and will cover topics such as the history & philosophy of faith community nursing, ethical issues, theology of health, healing and wholeness, health assessment & promotion, family violence, suffering, grief and loss, care coordination as well as other topics.

Sessions will be held at the Ironworks Building at Innsbrook office Park from 9:00 a.m. to 5:00 p.m. on Thursdays and Fridays beginning September 23<sup>rd</sup>. The Registration fee is \$250. For additional information or to obtain a registration form contact Diane Stone, Faith Community Nurse Coordinator, Bon Secours Parish Nurse Network, at 804-764-7655 or email [diane\\_stone@bshsi.org](mailto:diane_stone@bshsi.org).

### **Focus 50 Plus Screening Seeks Volunteers**

Focus 50 Plus Screening, a mammogram outreach program for women 50 and older is a program of Senior Connections/Capital Area on Aging. The program aims to alert area women to the importance of mammograms in living a healthy life - with special focus on African American and Hispanic women in Richmond, Hanover, Henrico, Chesterfield and Charles City. Focus 50 Plus Screening extends a unique volunteer opportunity to women of all ages to share one-on-one, with women who are family members, friends, co-workers, and neighbors about the importance of receiving mammograms and will work with them to schedule mammogram screenings. They'll also follow up and offer support and encouragement.

Volunteers will talk with women at their own convenience, and will gather simple information and talk (by phone or email) monthly with a Focus 50 Plus outreach specialist about their experience. To qualify and be a role model, the volunteer must have had a mammogram in the last two years, and must be able to talk to women in their inner circle about the benefits of mammogram screenings.

Volunteers will participate in quarterly training activities and celebrations, which will be scheduled in Richmond at times that are convenient for working women. Women are encouraged to get involved in promoting early detection, and play a part in helping to save the life of another woman. For more information, contact 672-4486 or [cmartinfoocus50plus@gmail.com](mailto:cmartinfoocus50plus@gmail.com) (English) or [avelezfocus50plus@gmail.com](mailto:avelezfocus50plus@gmail.com) (Spanish/English).

### **July Dates**

7/22

**[Thursday Evenings at Scotchtown Begins](#)**

7/26

**[Chronic Illness Self-Management Classes Begin](#)**

### **August Dates**

- 8/3 [WHEAT Benefit Night at the Ponderosa](#)
- 8/4 [LINC Seminar for Cancer Patients & Caregivers](#)
- 8/4 [Tavern Family Night](#)
- 8/5 [HYSC School Supply Collection at Wal-Mart](#)
- 8/6-8 [Sales Tax Holiday: School Supplies & Clothing](#)
- 8/11 [Hanover Tavern Heritage Music Series](#)
- 8/14 [Clothing Distribution-The Giving Heart](#)
- 8/14 [Clothing Distribution-St. Peter's UMC](#)
- 8/19 ["Making Strides Against Breast Cancer" Breakfast](#)

**September Dates**

- 9/2 [Covenant Woods Jazz Brunch](#)
- 9/3 [Bon Secours Hospice Volunteer Training](#)
- 9/23 [Bon Secours Faith Community Nurse Training Begins](#)

**NOTE:**

*To submit a posting for future issues of the Community Resources **Updates** or to be added to the monthly distribution list, submit your request to Lisa Adkins at [ldadkins@co.hanover.va.us](mailto:ldadkins@co.hanover.va.us) or call 804-365-4302.*

**Hanover County  
Department of Community Resources**

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[www.co.hanover.va.us/commres](http://www.co.hanover.va.us/commres)  
[www.HanoverVolunteers.org](http://www.HanoverVolunteers.org)